



ARAD

Australian Rheumatology Association Database

Do you have:

Rheumatoid arthritis,

Ankylosing spondylitis,

Psoriatic arthritis,

Juvenile arthritis

If so, you may be eligible to participate in the Australian Rheumatology Association Database, a national registry established to collect health information from all Australian patients with these types of arthritis.

WHAT IS ARAD?

ARAD was established in 2002 as a national registry for people with inflammatory arthritis conditions.

ARAD aims to enhance the care of people with arthritis by studying the long-term outcomes of the condition, including responses to new medications.

WHO CAN PARTICIPATE?

ARAD aims to include all Australians with inflammatory arthritis conditions including:

- rheumatoid arthritis
- ankylosing spondylitis
- psoriatic arthritis
- juvenile arthritis

All information provided to us will be confidential. It is protected by a unique project number in the registry and is accessible only by ARAD staff.

ARAD is funded by:

Unrestricted Educational Grants administered through the ARA from:

AbbVie Pty Ltd

Pfizer Australia

Astrazeneca

Bristol-Myers Squibb Australia Pty Ltd

Previous Sponsors

Amgen Australia Pty Ltd, Aventis, Roche, NHMRC Enabling Grant, Monash University, Cabrini Health

WHAT IS SPECIAL ABOUT ARAD?

ARAD is unique because:

- There is no other health registry in Australia which collects comprehensive information on biological drugs as well as conventional treatments.
- It relies on information from patients, not rheumatologists.

WHAT IS INVOLVED?

Participation involves completing a questionnaire at 6-12 monthly intervals. Each questionnaire should take about 30 minutes to complete. Questionnaires may also be completed online.

ARAD collects information about your arthritis and health, the medications you take, your quality of life, and information from state and federal health registries.

There are NO blood or other physical tests in ARAD.

Participation is completely voluntary, however the longer you are able to contribute to the database, the more valuable ARAD will become.

Even if you stop taking arthritis medication, you can continue in ARAD.

CAN YOU HELP?

If you have inflammatory arthritis you may be eligible to participate in ARAD.

You can ask your rheumatologist to fill out a 'Permission to Contact' form.

Alternatively, if you would like to register your interest directly, a 'Participant Expression of Interest' form can be downloaded from the ARAD website: www.arad.org.au

Your ARAD state co-ordinator will then:

1. Post or email you an ARAD pack which contains a patient information and consent form, questionnaire, and a reply paid envelope.
2. Contact you to explain the project and what your involvement would be.

We encourage you to discuss your participation with your Rheumatologist.

For more information please contact your State Co-ordinator:

State Co-ordinators:

QLD, WA, TAS, & NT

Lyndall Henderson
(02) 9463 1889
lyndallh@med.usyd.edu.au

NSW & ACT

Lyndall Henderson
(02) 9463 1889
lyndallh@med.usyd.edu.au

VIC & SA

Joan McPhee
(03) 9508 3424
Joan.McPhee@monash.edu

Project Team:

Professor Rachelle Buchbinder
Professor Lyn March
Professor Marissa Lassere
Professor Christopher Reid

ARAD Data Centre:

Nino Hay, Vibhasha Chand

ARAD:
Collecting long term health
information to provide better care
for people with arthritis

WHAT PARTICIPANTS HAVE SAID

*Thank you for your ongoing diligence
in monitoring our health.
Hope it is all correct this time!
Christmas greetings & all the
best for 2009.*

*MY GENERAL HEALTH & THINGS I CAN NOW DO HAVE
CHANGED SO MUCH FOR THE BETTER SINCE STARTING
MY REMICADE TREATMENT. I CAN NOW KNIT AGAIN
AND AM ABLE TO DO LIGHT GARDENING. I DON'T
HAVE TO RELY ON MY DAUGHTER'S HELP AS I
DON'T HAVE THE FLARE UPS, THAT I USED TO.
THANK YOU ALL SO MUCH FOR THIS WONDERFUL
OPPORTUNITY TO BE LUCKY ENOUGH TO BE
INCLUDED IN YOUR ARAD STUDY.*

*Thank you for this research. is good
work u do here guys.*

*I found using the new online questionnaire for the first time very
easy and quick to do. Instructions are very clear and user
friendly.*